

2011 Boys' Soccer

Coaches' Contact Information

Coach Matthew Nomland
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Coach John Martin
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Rules and Responsibilities

As players, you are expected to...

1. Be a team player. Help your teammates in all aspects of the game through constructive criticism and motivating them towards success when necessary.
2. Be responsible and timely. Bring all necessary equipment to every practice and game. This includes bringing flats or running shoes to EVERY practice. Arrive to all practices and games at least 15 minutes prior to the announced start time so you can have your gear on and be 100% ready to go at the commencement of practice.
3. Work hard and give your best effort every time you step onto the field, whether it be at practice or on the day of the game.
4. Be respectful to all coaches (including volunteers), players, and referees. This includes paying attention to coaches when they are speaking or providing instruction on or off the field and respecting the decisions of the referee.

Coaches' Goals

Our goal is to regain respect within the district and PAC-10 by setting higher standards for practice and play. Players will be pushed to new levels to ensure the highest levels of fitness and endurance in order to make the team more competitive in head-to-head matches.